

# Department of Disease Control

## Weekly Disease Forecast No.52\_Influenza

### (4 – 10 April 2016)

According to the national disease surveillance system, there were 36,823 influenza patients with 2 deaths from Pattani and Nakhon Ratchasima provinces during 1 January – 28 March 2016.

The total number of patients is slightly higher than the same period of last year. Although there is a decreasing trend in the occurrence of influenza, two outbreaks have occurred this week in a Buddhist temple and a day-care center with a total of 47 suspected influenza patients.



According to this week disease forecast, there is a possible continue occurrence of influenza due to next week's climate variability with summer thunderstorm and extreme hot weather in some areas as reported by the Meteorological Department.

The Department of Disease Control therefore recommends that people protect themselves well from influenza by staying healthy and washing hands often with soap and water. All should also avoid close contact with people with influenza-like illness and unnecessary visit to crowded or poorly ventilated places.

People with the risk of having severe influenza, including those with underlying diseases, the elderly, young children and pregnant women, are advised to get an annual influenza vaccination in May 2016 at all government hospitals nearby.

In case of having suspect symptoms of influenza, one should wear a face mask to prevent the spread of the disease.

For patients with severe illness and those who take medicines to relieve influenza symptoms but do not feel better within 3 - 4 days, it is urgent to seek a hospital care.

For queries or additional information, please call DDC hotline 1422.

